

EXPLOSIVE/NON-COMPLIANT CHILDREN AND ADOLESCENTS: IMPLEMENTING COLLABORATIVE PROBLEM-SOLVING

Grades K-12



February 21, 2008: Lakewood, NJ

In this workshop, Dr. Stuart Ablon will present, as an alternative to the traditional behavior management approach, a new conceptual and practical model that focuses on teaching skills aimed at improving self-regulation, affective modulation, problem-solving, flexibility, and frustration tolerance. This approach, emphasizing a proactive (rather than reactive) mindset, may be better suited to the needs of many explosive/non-compliant children and adolescents at home and in the classroom.

Participants will learn:

- How different explanations for and interpretations of explosive / non-compliant behavior can lead to dramatically different approaches to intervention.
- Why compliance does not come naturally to all children, and the disparate factors which may contribute to the development of explosive / non-compliant behavior.
- The importance of matching treatment ingredients to the needs of the individual children, families, and teachers.
- A conceptual and practical model of intervention for dealing more effectively with explosive / non-compliant children.
- The necessity of a multimodal, collaborative approach to intervention incorporating medical, psychological, educational, and social components.

J. Stuart Ablon Ph.D., is Associate Director of the CPS Institute in the Department of Psychiatry at the Massachusetts General Hospital and Co-Director of the Center for Collaborative Problem Solving where he specializes in the treatment of explosive, inflexible, easily frustrated children and adolescents and their families. He is also Assistant Professor in Psychiatry at Harvard Medical School. Dr. Ablon is co-author with Dr. Ross Greene of the forthcoming book, *Treating Explosive Kids: The Collaborative Problem-Solving Approach*. Drs. Greene and Ablon are also featured in the new DVD/video, *Parenting the Explosive Child*, that details the Collaborative Problem Solving approach. The Collaborative Problem Solving Approach, first described in the acclaimed book, *The Explosive Child*, has been featured on Dateline NBC, Good Morning America, The Early Show, and the Oprah Winfrey Show.



"This cutting-edge book provides a practical and easily understood guide for treating explosive children and adolescents. It presents an innovative, compassionate model that is very helpful in improving the quality of life for these kids and those who care for them."

Michael S. Jellinek, MD

About the Presenter



J. STUART ABLON